



Grandmaster Antionette Chavez has 45 years experience and is a Martial Arts Hall of Fame Member.

She is a 7th degree black belt and teaches Tae Kwon Do, Shorin Ryu, Shoto Kan, and Escrima martial art styles.

Please visit

www.takaiminekarate.com

Tae Kwon Do Competition Club

Who: Kindergarten - 5th Grade

Requirements: Must be enrolled in Friday Karate Class from 3:20-4:20

When: Fridays from 4:20-4:50 in the library January 28 - May 20

Cost: \$225



PM.

In April our Competition club will be participating in the AAU Tae-Kwon Do Regionals here in Albuquerque. If you are interested in your child participating, this class is perfect for you! There is enough time to prepare everyone for the tournament. This class will focus on the material needed to do well at the AAU Tae-Kwon Do Regionals, which is scheduled for April 9th. We would love to have the kids do well for this tournament. The winners would qualify for AAU Tae-Kwon Do Nationals in Las Vegas in July. This will include forms, sparring and board breaking.

Grandmaster Chavez highly recommends that, when possible, students attend a free additional class at no extra charge at the main school. The class may be taken at the main school, located at 1027 Juan Tabo NE. The class times are Thursday from 3:30pm-4:30pm or Saturday at 11:00am. Private lessons are also available.

Please call Karen at SMS if you'd like your Karate student to join the Competition Club by Thursday, January 21st.

Please fill out the form with a check made out to Antoinette Chavez and return to SMS office.

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Competition Club (Fridays)

I _____, the parent or guardian of _____, state that he/she has no health condition, illness, injury, or physical limitations that will make it hazardous to engage in the activities involved in Karate class. I will not hold Sunset Mesa Schools, Takai Mine Karate, Antoinette Chavez, or any of their instructors responsible for any injuries, death, or loss of limbs resulting from activities involved in the Karate class in which my child is enrolled.

Signature _____ Date _____