

Monday Movement



Monday, Spring Semester

Let's get moving! Children will alternate learning yoga and movement through dance and music! Kids will be practicing yoga and dances to develop flexibility, increase their range of motion, and build stamina while bringing happiness and peace to their minds.

WHO: Preschool Students
WHEN: Mondays, 3:00 to 4:00 pm
January 10 - May 23
WHERE: Room 122 (Mrs. Fahema's Room)
FEE: \$180.00
TEACHER: Loretta Desai
CLASS SIZE: Class size is limited to 16 students

Monday Movement

Mondays

Name _____ Age _____

Food Allergies _____

Parent Signature _____

Date _____ Phone number _____

Make checks payable to **Loretta Desai**

Children with Daycare Reservations will be taken to daycare at 4:00 p.m. All other children will need to be picked up from the classroom.

