



Takai Mine Karate Class

Grandmaster Antionette Chavez has 43 years experience and is a Martial Arts Hall of Fame Member. She is a 7th degree black belt and teaches Tae Kwon Do, Shorin Ryu, Shoto Kan, and Escrima martial art styles. Please visit www.takaiminekarate.com

Takai Mine Karate has been teaching children at Sunset Mesa for over 30 years! Students from the successful Takai Mine program achieved 133 medals at the 2021 AAU national tournament and is in the top 20 karate schools in the US (#5). In addition to these competition successes, studies show that school age children who study martial arts show great improvement in concentration, self-confidence, and focus in all areas of their lives.

- Who:** Kindergarten - 5th Grade
- When:** Fridays from 3:20-4:20 in the library January 7— May20
- Cost:** \$325
- Uniform:** A uniform with logo can be purchased for \$80

Grandmaster Chavez highly recommends that, when possible, students attend a free additional class at no extra charge at the main school. Additionally, when school is not in session on a Friday or a student has missed a class, they may make up the class at the main school on Tuesday at 3:30 PM or 4:00 PM or Saturday at 10:30 AM. The main school is located at 1027 Juan Tabo NE. Private lessons are also available.

Please fill out the form with a check made out to Antoinette Chavez and return to SMS office. In-person registration only. Please do not respond by email or phone.

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Karate

Include uniform size if needed. Uniform Size: _____

I _____, the parent or guardian of _____, state that he/she has no health condition, illness, injury, or physical limitations that will make it hazardous to engage in the activities involved in Karate class. I will not hold Sunset Mesa Schools, Takai Mine Karate, Antoinette Chavez, or any of their instructors responsible for any injuries, death, or loss of limbs resulting from activities involved in the Karate class in which my child is enrolled.

Signature _____ Date _____